

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ilse Langhout**

Has successfully participated & completed the

**10 Km HI-TEC Neethlingshof Full Moon Run**

held at Neethlingshof, Polkadraai.

**TIME 00:54:26**

**PACE 05:25/km**

**GENDER 5 of 96**

**OVERALL 35 of 204**

**40 - 49 2 of 30**

10 March 2020, Tue

Date



*BoutTime*

Signature

